

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: HZA

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Goyvaerts An HEADCOACH

Coaches: Van Dyck Nina

Coaches: De Cuyper Tibo

Coaches: Gullentops Axel

Coaches: Cannaerts Jens

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:11, starttime: 14:10
Heat: 11/30 Lane : 2 Athlete: VERBEEK MATTS			Q-time: 00:34:56
PB (25m pool): 00:34.56 Nijlen 16/11/2025			PB (50m pool): 00:34.95 SB: 00:34.56 Nijlen 16/11/2025
PB	2 5 M	5 0 M	
		00:34.56	
		00:34.56	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:13, starttime: 14:10
Heat: 13/30 Lane : 4 Athlete: SEYMUS AXEL			Q-time: 00:32:98
PB (25m pool): 00:32.98 Temse 17/11/2025			PB (50m pool): 00:33.03 SB: 00:32.98 Temse 17/11/2025
PB	2 5 M	5 0 M	
		00:32.98	
		00:32.98	
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:17, starttime: 14:15
Heat: 17/30 Lane : 3 Athlete: BROWN QUINTEN			Q-time: 00:30:75
PB (25m pool): 00:30.75 Nijlen 16/11/2025			PB (50m pool): 00:30.47 SB: 00:30.75 Nijlen 16/11/2025
PB	2 5 M	5 0 M	
		00:30.75	
		00:30.75	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: HZA

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:20, starttime: 14:20
Heat: 20/30 Lane : 6 Athlete: ARIJS KYAN			Q-time: 00:30:10
PB (25m pool): 00:34.30 Stedelijk Zwembad Geel 11/02/2024 PB (50m pool): 00:30.10 SB: no time			
	2 5 M	5 0 M	
PB		00:34.30	
	00:34.30		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY MEN 11+			Heat:30, starttime: 14:25
Heat: 30/30 Lane : 2 Athlete: LEIRS BAVO			Q-time: 00:25:92
PB (25m pool): 00:25.92 Antwerpen 12/10/2025 PB (50m pool): 00:25.65 SB: 00:25.92 Antwerpen 12/10/2025			
	2 5 M	5 0 M	
PB		00:25.92	
	00:25.92		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 14:40
Heat: 10/35 Lane : 2 Athlete: ROZIERIS LILY			Q-time: 00:48:03
PB (25m pool): 00:48.03 LEUVEN 23/11/2025 PB (50m pool): 00:48.54 SB: 00:48.03 LEUVEN 23/11/2025			
	2 5 M	5 0 M	
PB		00:48.03	
	00:48.03		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 14:40
Heat: 10/35 Lane : 6 Athlete: VAN ROMPAEY LORE			Q-time: 00:48:38
PB (25m pool): 00:48.38 Nijlen 16/11/2025 PB (50m pool): 00:47.84 SB: 00:48.38 Nijlen 16/11/2025			
	2 5 M	5 0 M	
PB		00:48.38	
	00:48.38		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: HZA

Event number: 20: 50M BREASTSTROKE WOMEN 11+					Heat:12, starttime: 14:40	
Heat: 12/35 Lane : 5 Athlete: NEUVILLE AXELLE					Q-time: 00:46:25	
PB (25m pool): 00:46.25 Aarschot 04/05/2025					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M				
PB		00:46.25				
	00:46.25					
						

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+							Heat:13, starttime: 14:40		
Heat: 13/35 Lane : 6 Athlete: NEUVILLE ALIZÉE							Q-time: 00:45:86		
PB (25m pool): 00:45.86 Antwerpen 12/10/2025							PB (50m pool): no time SB: 00:45.86 Antwerpen 12/10/2025		
	2 5 M		5 0 M						
PB			00:45.86						
			00:45.86						
									

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 11+							Heat:33, starttime: 15:05		
Heat: 33/35 Lane : 3 Athlete: STRUYF LIESELOT							Q-time: 00:33:53		
PB (25m pool): 00:33.53 Herentals 17/05/2025							PB (50m pool): 00:34.15SB: 00:34.74 Gent 09/11/2025		
	2 5 M		5 0 M						
PB			00:33.53						
			00:33.53						
									

Coach feedback:

Event number: 21: 100M BACKSTROKE MEN 9-10				Heat:2, starttime: 15:10	
Heat: 2/2 Lane : 4 Athlete: PANKEN MATS				Q-time: 01:40:81	
PB (25m pool): 01:40.81 Nijlen 16/11/2025				PB (50m pool): no time SB: 01:40.81 Nijlen 16/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.92		01:40.81	
	00:48.92		00:51.89		
					

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: HZA

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 15:30
Heat: 7/29 Lane : 5 Athlete: SEYMUS AXEL			Q-time: 00:40:85
PB (25m pool): 00:41.15 Herentals 18/05/2024			PB (50m pool): 00:40.85 SB: no time
	2 5 M	5 0 M	
PB		00:41.15	
	00:41.15		
			

Coach feedback:

Event number: 23: 50M BACKSTROKE MEN 11+			Heat:14, starttime: 15:35
Heat: 14/29 Lane : 5 Athlete: VERBEEK MATTS			Q-time: 00:36:06
PB (25m pool): 00:36.06 Nijlen 16/11/2025			PB (50m pool): 00:40.77 SB: 00:36.06 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:36.06	
	00:36.06		
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:00
Heat: 4/30 Lane : 3 Athlete: NEUVILLE ALIZÉE			Q-time: 00:33:18
PB (25m pool): 00:33.18 LEUVEN 23/11/2025			PB (50m pool): no time SB: 00:33.18 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:33.18	
	00:33.18		
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 16:00
Heat: 4/30 Lane : 5 Athlete: VAN ROMPAEY LORE			Q-time: 00:33:31
PB (25m pool): no time			PB (50m pool): 00:33.31 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 4: COACH evaluation sheet for TEAM: HZA

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 16:05
Heat: 9/30 Lane : 5 Athlete: NEUVILLE AXELLE			Q-time: 00:32:18
PB (25m pool): 00:32.18 Nijlen 16/11/2025			PB (50m pool): no time SB: 00:32.18 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:32.18	
		00:32.18	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:11, starttime: 16:05
Heat: 11/30 Lane : 5 Athlete: FAES ELYNE			Q-time: 00:31:64
PB (25m pool): 00:31.64 LEUVEN 23/11/2025			PB (50m pool): 00:32.26 SB: 00:31.64 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:31.64	
		00:31.64	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:27, starttime: 16:20
Heat: 27/30 Lane : 5 Athlete: STRUYF LIESELOT			Q-time: 00:28:19
PB (25m pool): 00:28.19 Herentals 17/05/2025			PB (50m pool): 00:28.94 SB: 00:29.06 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:28.19	
		00:28.19	
			

Coach feedback:

Event number: 24: 50M FREESTYLE WOMEN 11+			Heat:30, starttime: 16:20
Heat: 30/30 Lane : 1 Athlete: ROMBOUT LISA			Q-time: 00:27:65
PB (25m pool): 00:27.28 Stedelijk Zwembad Geel 17/02/2019			PB (50m pool): 00:27.81 SB: 00:28.26 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:27.28	
		00:27.28	
			

Coach feedback:

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Event number: 25: 100M MEDLEY MEN 9-10					Heat:2, starttime: 16:25
Heat: 2/2 Lane : 2 Athlete: PANKEN MATS				Q-time: 01:47:68	
PB (25m pool): 01:47.68 Zaventem 21/06/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:47.68	
	no time				
					

Coach feedback: